

## **NCDA COVID Protocol Updated January 2<sup>nd</sup> , 2022**

### **If you test Positive:**

- Please isolate for 7 full days, testing between 3-5 days. With a negative test you may return to NCDA on day 8.

### **Close Contact Exposure to COVID-19**

- If you are *Unvaccinated*: Quarantine for 5 days, and test on Day 5
- If you received the *Johnson & Johnson* vaccines **over 2 months ago** and are **not yet Boosted**: Quarantine for 5 days, return to NCDA on Day 6, and **test on or after Day 5**
- If you received the *Pfizer or Moderna* vaccines **over 6 months ago** and are **not yet Boosted**: Quarantine for 5 days, return to NCDA on Day 6, and **test on or after Day 5**
- If you have been *Boosted* or have received the two dose series of the *Pfizer or Moderna* vaccines **within the last 6 months**: No need to quarantine, but still test on Day 5
- If you have been *Boosted* or have received the two dose series of the *Johnson & Johnson* vaccines **within the last 2 months**: No need to quarantine, but still test on Day 5

### **Travel:**

- Unvaccinated / Not yet Boosted: Take a PCR test 3-5 days after returning from travel, and Quarantine for a full **7 days**, even if you **test negative at 3-5 days**
- Vaccinated & Boosted: No need to quarantine provided you are symptom free. Because of the Omicron variant we also ask that you test 3-5 days on your return.

### **Remote Learning:**

- For those who need to quarantine/isolate we are happy to provide the 'zoom-in' option, but please know we will need 24 hours notice to make this available. \*Please note the teacher will not be able to 'teach' to the camera but students can follow along with the class.

### **Food in-studio:**

- We ask that your student only brings in food that is easy to eat **without having to remove your mask for an extended period of time**. *For example:* No lollipops, candy canes, ice-creams.... We continue to be vigilant about wearing masks, and as a little reminder also to please **KEEP YOUR MASKS COMPLETELY** over your mouth and nose while you are talking, in the lobbies or inside the studios.